

66 Every Time I Feel the Spirit

Refrain

Ev - ery time I feel the Spir - it mov - ing in my

heart I will pray. Yes, ev - ery time I feel the

Spir - it mov - ing in my heart I will pray. *Fine*

1 Up - on the moun - tain, when my Lord spoke, out of God's
2 Jor - dan Riv - er, chil - ly and cold, it chills the

mouth came fire and smoke. Looked all a-round me, it looked so
bod - y but not the soul. There is but one train up - on this

to Refrain
fine, till I asked my Lord if all was mine.
track. It runs to heav - en and then right back.

Like many African American spirituals, this one mixes the language of biblical narrative with veiled but effective allusions to the hope of escape from slavery, either by crossing rivers into free states or by participating in organized efforts like the Underground Railroad.

TEXT: African American spiritual
MUSIC: African American spiritual; arr. Joseph T. Jones, 20th cent.; adapt. Melva Wilson Costen, 1989
Music Adapt. © 1990 Melva Wilson Costen

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